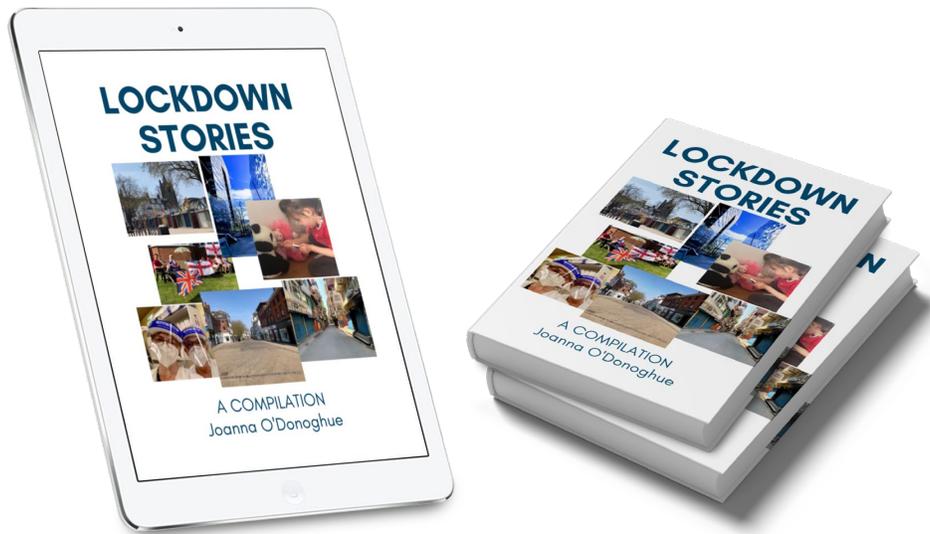


# Lockdown Stories

CONTRIBUTION GUIDELINES

JOANNA O'DONOGHUE



## Lockdown stories

Lockdown stories will be a collection of stories from people around the world to show how the pandemic has impacted on them personally. It can be a description of the last two years or an isolated incident which describes an experience.

I am seeking 20 authors to be part of this project and share their stories. I have already received twelve with a few more in the pipeline.

If you are reading this, it is because you are considering contributing to the book in some way. Please consider the following concepts thoroughly.

**Concept #1** Consider the outcomes we are aiming to achieve through this publication before embarking on your writing journey.

We want to help our authors to understand and reflect on their experiences within the process of telling their story, and reconnect people who have been isolated.

**Concept #2** Consider whether you want to use your real name or a pen name for your story.

**Concept #3** Consider how you would like to present your story.

### 1. The whole picture

Please use the following questions to guide you through your story. We have put these questions together to help you to stay on track  
When did your journey begin?

What was life like before the pandemic? What were some of the more challenging times you faced? What have been the greatest lessons learned from this experience to take forward.

### 2. A snapshot

If you prefer to give a snapshot or describe an event that would represent your experience of lockdown then the following may help. It could be a happy event or a sad event or a realization about your life.

- What was happening before the event/challenge/time you want to describe?  
Was there a turning point that led to this?  
What happened?
- How did it impact you / anyone else involved?  
How did you turn things around?  
How are things now in relation to that event / challenge / period of time?

**Concept #4** Remember that you only have 1500 - 2000 words. You might like to consider assigning a certain number of words to each question before you begin your journey so that you stay focused and

don't go overboard. (Believe me when I say it's easy to go overboard!)

**Concept #5** "Don't get it right. Get it written." Try not to edit your story in your head. Get your thoughts and memories down on paper or into the computer and then we can shorten or lengthen, proofread or edit as necessary. You might also consider recording a verbal response to each of the questions above into your smart phone and then you can transcribe your recording. Many people find that an easier and more natural approach to writing.

**Concept #6** Ask for help. We are here to help with anything you might be struggling with. Don't agonise over anything. Send us a message or email us and we will be there to help. We are all in this together.

ooooo000oooo

### Final Word

Authors will be given an ongoing opportunity to purchase copies of the book at a wholesale rate which will be determined when the book has been compiled.

If your story is chosen to be included in the book it will be published with your permission but the rights to your story will remain with you.

### For more information:

Jo O'Donoghue

Project Manager - Lockdown Stories

Email: [fox.all@hotmail.co.uk](mailto:fox.all@hotmail.co.uk)